



June 2017

June is focus on Household basics Life Skills. Here is the development of this life skills.

Ages 4-7

Make bed / Dust
Empty wastebaskets
Help in kitchen food prep
Load dishwasher, dry dishes set table
Help carry and put away groceries
Sweep floors and wipe baseboards
Hang towels after bath
Sort dirty clothes by color/clean by person
Help fold towels
Get the mail or newspaper
Help feed pets

Ages 8-12

Follow simple recipe
Wash dry put away dishes
Make school lunches
Use washer and dryer
Hand and fold laundry
Strip and change bed linens
Vacuum, sweep and mop
Tidy the house
Clean bathroom completely
Take out trash

Ages 13-15

Prepare a meal
Make a grocery list
Shop for groceries
Do ALL laundry tasks
Do clothes mending
Clean out refrigerator
Clean stove
Clean oven

Ages 16-18

Understand basic plumbing
Know electricity basics
Keep things neat, orderly and clean

Here are some tips for your classes

Pre-2 Sorting activities, Simple filing, class jobs recycling.

3-5 make and write to do lists and learn to follow and cross things off

Middle School/ High School Continue with lists create them for larger projects and Clean lockers:)